Your Guide to Professional Attire

At the Starr Career Development Center, we believe that students have the right to wear clothing that helps them feel affirmed, especially in professional settings. Below are guidelines for clothing in professional settings for all gender identities.

**GENERAL TIPS**

- No fragrances the day of an interview
- No smoking before the interview
- Avoid flashy jewelry during an interview
- Wear modest makeup and have clean nails
- Opt for neutral and solid colored outfits

**BLAZERS**

**Do's and Don'ts**

- Wear a well-fitting blazer with no wrinkles and does not pull when buttoned
- Snip the 'X' seam on the back of a new blazer
- Choose a solid color with no patterns
- Find the right fit that is comfortable for you
- Blazer should compliment the color and pattern of pants
- Avoid wearing pants that are too tight or too baggy
- No jeans or athletic wear

**PANTS**

**Do's and Don'ts**

- Wear a well-fitting blazer with no wrinkles and does not pull when buttoned
- Snip the 'X' seam on the back of a new blazer
- Choose a solid color with no patterns
- Find the right fit that is comfortable for you
- Blazer should compliment the color and pattern of pants
- Avoid wearing pants that are too tight or too baggy
- No jeans or athletic wear

**SKIRTS**

**Do's and Don'ts**

- Practice sitting in your skirt/dress to make sure it does not ride up during an interview
- Avoid wearing skirts/dresses that are too tight and uncomfortable
- Dresses should be knee-length when standing and cover thighs when sitting
- No sundresses or tight fitting dresses

**DRESSES**

**Do's and Don'ts**

- Practice sitting in your skirt/dress to make sure it does not ride up during an interview
- Avoid wearing skirts/dresses that are too tight and uncomfortable
- Dresses should be knee-length when standing and cover thighs when sitting
- No sundresses or tight fitting dresses

**SHOES**

**Do's and Don'ts**

- Wear polished shoes
- Wear 1-2 inch heels that are comfortable
- No sandals or open toe shoes
- Avoid shoes with heavy scuff marks that are heavily worn
- Bring a pen and notebook or padfolio
- Wear clean eyeglasses
- Make sure your pockets are empty to avoid pockets bulging while sitting
- Do not wear a backpack

**ACCESSORIES**

- Wear polished shoes
- Wear 1-2 inch heels that are comfortable
- No sandals or open toe shoes
- Avoid shoes with heavy scuff marks that are heavily worn
- Bring a pen and notebook or padfolio
- Wear clean eyeglasses
- Make sure your pockets are empty to avoid pockets bulging while sitting
- Do not wear a backpack

Remember, Starr provides a limited number of professional clothing rentals at no cost. Stop by NVC 2-150 to learn more!

careerdrc@baruch.cuny.edu
646-312-4670 | www.baruch.cuny.edu/careers