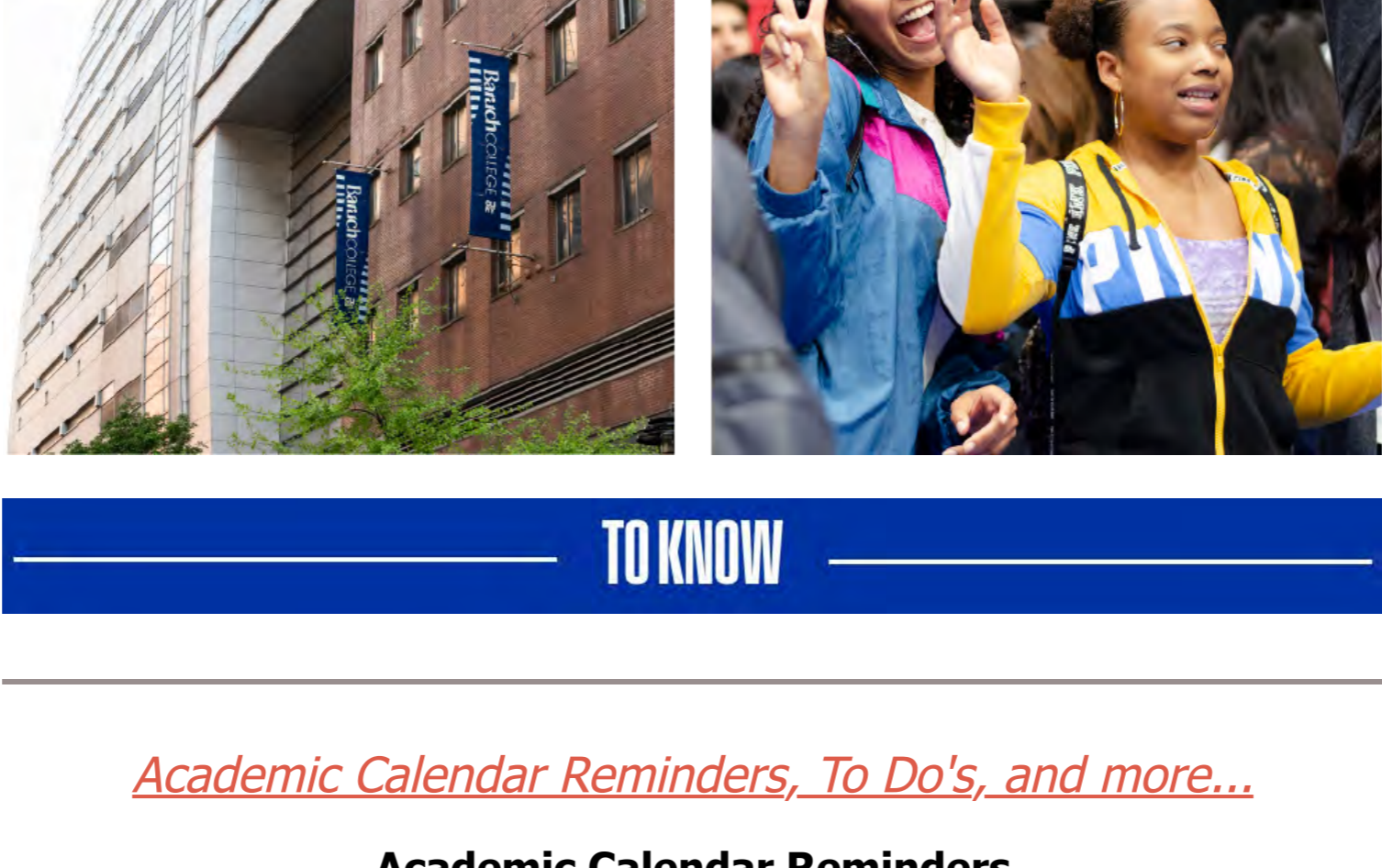


## September 19, 2025



### TO KNOW

#### Academic Calendar Reminders, To Do's, and more...

##### Academic Calendar Reminders Spring 2025

**September 22-24:** No Classes Scheduled  
**October 01-02:** No Classes Scheduled  
**October 13:** College Closed  
**October 14:** Classes Follow a Monday Schedule

[View Academic Calendar](#)

##### Senior Photos

Starting November 2025 | NVC 2-110

Professional Career, & Cap & Gown Formal Portraits are being photographed on campus during the Fall 2025 semester. Schedule Your Portrait Appointment Today:

**STEP ONE:** Visit [www.ThorntonStudio.com](http://www.ThorntonStudio.com)

**STEP TWO:** Select "Schedule Appt"

**STEP THREE:** Enter School Code: 07273

Baruch College is proud to partner with Thornton Studio, a professional portrait studio, to provide students with high-quality senior portraits on campus during the fall 2025 semester.

Thornton Studio is located in Room 2-110.

**Schedule Your Portrait Appointment Today:**

Start Date: 09/22/25

End Date: 10/22/25

Book Now: [07273](#)

To change your appointment, select a new date and time. Your previous appointment is automatically cancelled. Questions? [info@ThorntonStudio.com](mailto:info@ThorntonStudio.com)

##### Bearcat Food Pantry

The purpose of the Pantry is to provide Baruch students, who face food insecurity, access to healthy and nutritious food to help support their path towards graduation. Along with the Pantry, students who do not have regular access to food are able to request a "Grab and Go" bag, containing three small meals to help students get through the day. The "Grab and Go" bags may be picked up from the Office of the Dean of Students, Office of Student Life, or the Student Health Care Center.

**Tuesday 10:00a.m.–3:00p.m.**  
**Thursday 10:00a.m.–3:00p.m.**

[Learn More](#)

##### CUNY University-Wide Discrimination and Retaliation

The City University of New York ("CUNY") is committed to addressing discrimination and retaliation reports promptly, consistently, and fairly. The following publicly available form allows for the submission of a report of discrimination and/or retaliation, as prohibited by and defined in [CUNY's Policy on Equal Opportunity and Non-Discrimination](#) ("EO Policy").

For reports of sexual harassment or sexual violence, including sexual assault, stalking, domestic and intimate violence, please follow the process outlined in [CUNY's Policy on Sexual Misconduct](#).

[Learn More](#)

### TO DO

#### Student Activities, Club Life, Workshops and more...

##### Faithful Interfaith Fellowship

Thursdays | 5:30 p.m.

Come join weekly sessions with a diverse group of students to discuss what about our faith and background brings us together and connects us! Earn a \$250 stipend for completion of all 8 sessions!

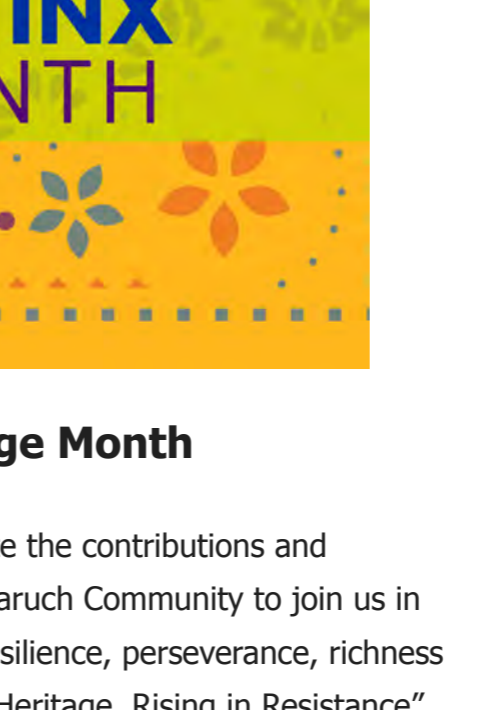
**Apply Today**

##### 41st Annual Leadership Weekend

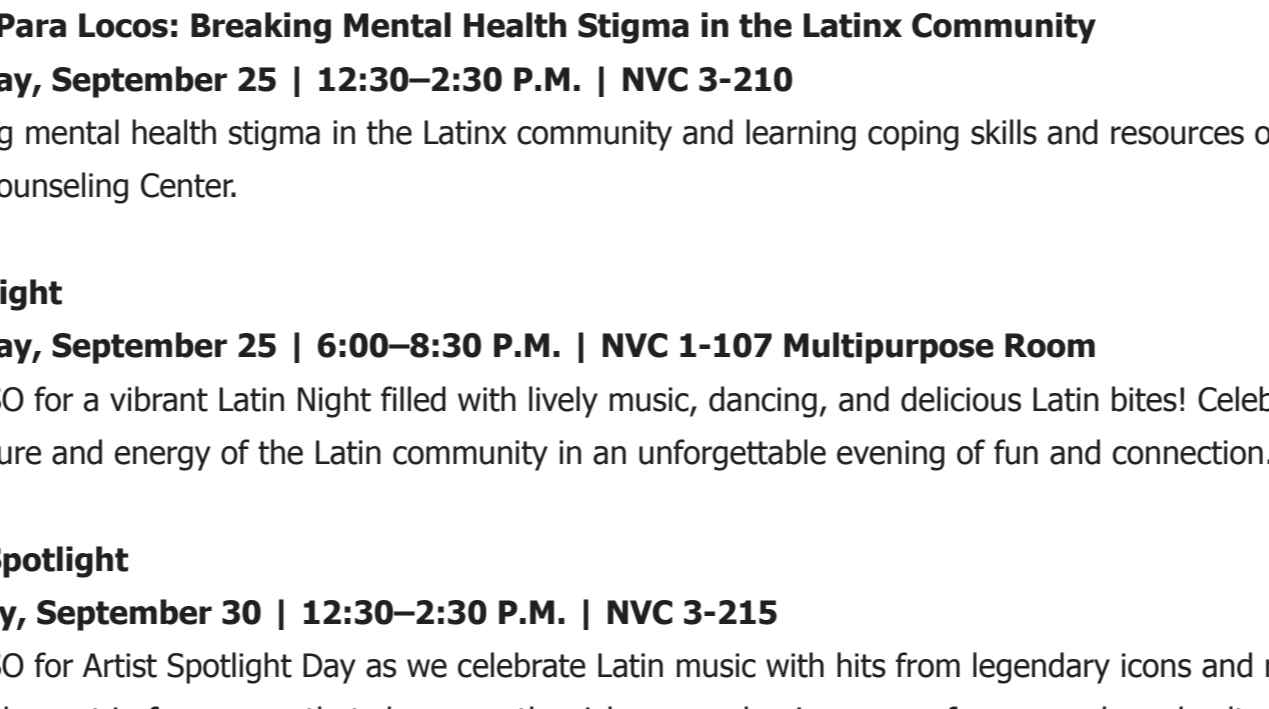
Lead Loud with Purpose: Empower. Engage. Elevate.

October 24–26

Come and join Student Life in attending Baruch's 41st Annual Leadership Weekend! From Friday, October 24 to Sunday, October 26, participants will travel to Ellenville, NY, for a retreat that combines learning about leadership and practicing leadership outside of the classroom. This is an immersion experience where students explore their values, improve communication, and participate in team building and group decision making. At the end of Leadership Weekend, students will be able to make connections between various leadership experiences and begin to develop their unique leadership style.



[Learn More & Apply](#)



##### Baruch Celebrates Latinx Heritage Month

Hispanic/Latinx Heritage Month is a time to celebrate and commemorate the contributions and achievements of the Hispanic/Latinx Community. We invite the entire Baruch Community to join us in celebration of Hispanic/Latinx Culture as we explore and highlight its resilience, perseverance, richness and diversity. The theme for this year is, "De Aquí y de Allí: Rooted in Heritage, Rising in Resistance". This theme was designed to embrace intersectional identity while reinforcing the role of Latinx communities in challenging oppression from both within and outside the U.S. Connect with us on Social Media: [@baruchlatinx](#).

**Eso Es Para Locos: Breaking Mental Health Stigma in the Latinx Community**  
**Thursday, September 25 | 12:30–2:30 P.M. | NVC 3-210**  
 Exploring mental health stigma in the Latinx community and learning coping skills and resources offered at the Counseling Center.

**Latin Night**  
**Thursday, September 25 | 6:00–8:30 P.M. | NVC 1-107 Multipurpose Room**  
 Join LASO for a vibrant Latin night filled with lively music, dancing, and delicious Latin bites! Celebrate the rich culture and energy of the Latin community in an unforgettable evening of fun and connection.

**Artist Spotlight**  
**Tuesday, September 30 | 12:30–2:30 P.M. | NVC 3-215**  
 Join LASO for Artist Spotlight Day as we celebrate Latin music with hits from legendary icons and rising stars. Take part in fun games that showcase the richness and uniqueness of our sounds and culture.

**Hablame Dulce**  
**Tuesday, September 30 | 6:00–8:30 P.M. | NVC 1-107 Multipurpose Room**  
 Come be inspired, moved, and uplifted as we amplify the voices that continue to shape history. Let's celebrate together—one bar at a time. Don't miss this unforgettable night of passion, power, and purpose!

[Latinx Heritage Month Events](#)

**PLANNING COMMITTEE**

THE OFFICE OF STUDENT LIFE IS CURRENTLY RECRUITING STUDENTS, FACULTY AND STAFF TO HELP PLAN LGBTQIA+ HISTORY MONTH AT BARUCH FOR THE MONTH OF OCTOBER.

MEETINGS WILL TAKE PLACE WEEKLY, BEGINNING TUESDAY, SEPTEMBER 2, 2025 AT 3:30 PM VIA ZOOM.

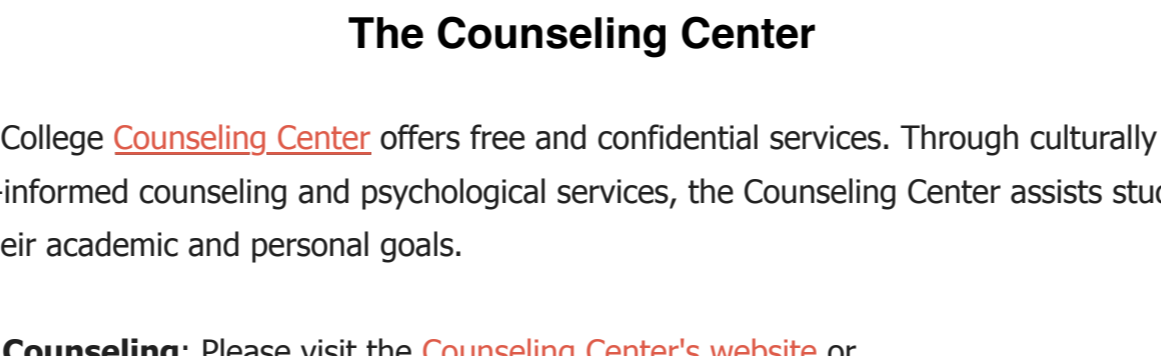
[Register Today](#)

**Baruch College Night – White Sox vs. New York Yankees**

September 24 | 7:05 p.m. | Yankee Stadium

Join Baruch College Night and the New York Yankees for a fun-filled day at Yankee Stadium! The first 100 tickets purchased through the link will include a New York Yankees Baruch College Hat (Will mark sold out, when sold out)

[Purchase Tickets](#)



##### The Counseling Center

The Baruch College [Counseling Center](#) offers free and confidential services. Through culturally responsive and trauma-informed counseling and psychological services, the Counseling Center assists students in achieving their academic and personal goals.

**Individual Counseling:** Please visit the [Counseling Center's website](#) or email [counseling@baruch.cuny.edu](mailto:counseling@baruch.cuny.edu).

**Group Counseling:** Two sessions of Relationship to Self and Others meet in person on Tuesdays and Thursdays, 1:00-2:00p.m. To participate on Tuesdays, email [Shenette.Scille@baruch.cuny.edu](mailto:Shenette.Scille@baruch.cuny.edu) to participate on Thursdays email [Shenette.Scille@baruch.cuny.edu](mailto:Shenette.Scille@baruch.cuny.edu)

**Coping Skills Group** Using evidence based and mindfulness practices, this group will focus on building skills to cope with everyday stressors that impact our mental health and wellbeing. The group is on Zoom Wednesdays from 2:00-3:00p.m. To participate please email [Gabrielle.Bickelhof@baruch.cuny.edu](mailto:Gabrielle.Bickelhof@baruch.cuny.edu)

**LGBTQIA+ Group Counseling** This group is led by an LGBTQIA+ therapist and offers a safe, supportive, and confidential space to explore topics such as building community with other LGBTQIA+ students at Baruch, navigating family dynamics, integrating your identity with religious or spiritual beliefs, and receiving support around the coming-out process. The group will be in person on Mondays at 2:00p.m. To participate, email [Lynn.Kaaban@baruch.cuny.edu](mailto:Lynn.Kaaban@baruch.cuny.edu)

**Black Mental Health Matters** Support Sessions help Black students, Fridays, 2:00-3:00p.m. via Zoom. To participate, email [Jaed.Amador@baruch.cuny.edu](mailto:Jaed.Amador@baruch.cuny.edu) from your Baruch student email account. In solidarity and support, Drs. Amador & Dillon.

##### Athletics

**Fitness Center Fall Semester Schedule**  
 August 25 through December 19  
 Monday through Friday: 10:00a.m. to 7:00p.m.  
 Saturday: 10:00a.m. to 4:00p.m.  
 Sunday: Closed

**POOL**  
 Due to renovations, the pool and adjacent locker rooms on the B3 Level will be closed for the next 18-24 months.

[Locker Rental Information](#)  
[Official Baruch College Athletics Store](#)

**Latest Story Links**  
 - [Women's Tennis Sweeps Albertus Magnus, 7-0, in CUNYAC Home Opener](#)  
 - [Men's Soccer Edges SUNY Purchase \(1-0\) for First Win of Season](#)  
 - [Cross Country Teams Compete at Vassar's Ron Stonitsch Invitational](#)

**Virtual Undergraduate Job & Internship Fair**

September 26 | 12:00-4:00p.m.

The Fall 2025 Virtual Undergraduate Job & Internship Fair is open to all Baruch College undergraduate students interested in obtaining internships and entry-level positions in various industries.

**Visit Handshake**

**Student Health Center Offers Online Appointments**

The Student Health Care Center provides students with a full range of clinical health services. When necessary, referrals will be made. Our address is 138 East 26th St by Wing Stop.

[Services are free & available to students with a valid Baruch I.D.](#)

**Make an Appointment**

**Insurance IQ: Mastering your Health Benefits**

Thursdays | 1:30-4:30 p.m. | NVC 2nd Floor Lobby.

A health insurance navigator will be on campus to provide enrollment assistance and answer any questions.

**September 25**  
**October 9**  
**October 23**  
**November 20**  
**December 4**

**NADAP**

**Free Pilates Is Back!**

Starting September 30 | 4:00-5:00 P.M. | NVC 2-125

Strengthen your dynamic and body with a Pilates session led by Niqu'na Sessoms from The Brooklyn Wellness Club. Open to all students and no former experience or knowledge is required! Mats are provided!

**Pilates Class**

**FREE PILATES IS BACK! GET MOVING AND GIVE YOUR MIND A BREAK! EVERY TUESDAY!**

Open to all students and no former experience or knowledge is required!

**Room:** NVC 2-125  
**Time:** 4PM-5PM  
**Date:** 9/30, OCT 7th, 14th, 21st, 28th  
 NOV: 4th, 11th, 18th, DEC: 2nd, 9th

**FREE Group Fitness Classes!**

Mondays | 11:00 a.m. -12:00 p.m. | Multipurpose Room NVC 1-107

Build strength, improve endurance, and boost energy in this dynamic group fitness class – no equipment needed! Come ready to sweat and have fun. All fitness levels are welcome!

**September: 29th**  
**October 6th, 27th**  
**November: 3rd, 10th, 17th, 24th**  
**December: 1st, 8th**

**Every Monday!**

**LOCATION:** Multipurpose Room (NVC 1-107)  
**TIME:** 11am-12pm  
**DATES:** SEP: 15th, 29th  
 OCT: 6th, 27th  
 NOV: 3rd, 10th, 17th, 24th  
 DEC: 1st, 8th

**Fellowships in Public Service / Civic Engagement**

September 25 | 12:45-2:00 P.M. | NVC 3-125

Attend to learn about funded development opportunities in public service and community engagement such as the Truman Scholarship, the Public Policy / International Affairs Junior Summer Institute and the NYC Urban Fellows Program, among others.

**Register Today**

**Experiential Learning Opportunity at GIRLS WRITE NOW!**

TV Edit Digital focuses on digital and multimedia digital at Girls Write Now. Are you interested in learning more about Girls Write Now Stories and our digital publication process?

Please contact Azia Armstead at [armstead@girlswritenow.org](mailto:armstead@girlswritenow.org).

**Mentoring Opportunities at GIRLS WRITE NOW!**

Girls Write Now enables Baruch students to provide one on one mentorship and creative writing support. The deadline for Baruch students has been extended to September 15.

To learn more, please contact Azia Armstead at [armstead@girlswritenow.org](mailto:armstead@girlswritenow.org).