October 3, 2025

Academic Calendar Reminders. To Do's, and more...

Academic Calendar Reminders
Spring 2025

October 15- Colum Cup!
October 16- Dance Fridays & Monday Seminar

Visit Academic Calendar

Baruch Leads U.S. News 2026 Rankings for #1 Public College and Most Innovative School in New York

Baruch College was ranked the #1 public college in New York for the third consecutive year by U.S. News & World Report, and for the second year in a row as the most innovative school in New York. Baruch's strong academic reputation, and its ROI, first-class employability, and social mobility rankings, propelled the school into a new position, one year.

Mentor Pitch
Tuesday, October 7 | 12:00 - 1:00

Professional Career & Life Skills Group Mentorship and Group pitchesspotlight on Latinos/ Latino, the fall 2025 semester. Schedule Your Personal Appointment Today.

STOP ONE: Visit Jaime Fitzsimmons' office
STOP TWO: Select "Schedule Appt"
STOP THREE: Select Dorian's Calendar (CCCS)

To change your appointment, select a time slot and "Cancel" your current appointment.
A recommendation summary "Questionnaire" will be sent to your Baruch email address.

Bearcat Food Pantry

The purpose of the Pantry is to provide Baruch students, who face food insecurity, access to healthy and nutritious food to help support their path towards graduation. Along with the Pantry, students who do not have access to a kitchen can also pick up a meal from the Bearcat Food Pantry. Students can pick up meals on campus at Hillel (located in the Vase Lounge) or they can pick up meals from the Office of the Dean of Students, Office of Student Life, located in the Student Life Center (Room 1-100).

Tuesday: 11:00 A.M.-1:00 P.M.
Thursday: 11:00 A.M.-1:00 P.M.

Learn More

CUNY University-Wide Discrimination and Retaliation

The City University of New York ("CUNY") is committed to addressing discrimination and retaliation impacts, personally, considerably, and daily. The following portals available from above the the commitment of a report of discrimination and/or retaliation, as prohibited by and defined in CUNY's Policy on Equal Opportunity, Discrimination and Harassment (the "Policy").

The majority of sexual harassment or sexual violence, including sexual assault, stalking, domestic and intimate violence, please follow the process outlined in CUNY's Policy on Sexual Misconduct.

Learn More

Student Activities, Club Life, Workshops and more...

Join our Baruch's Fall Festival!
Thursday, October 16 | 12:00 - 2:00
Fifth Avenue Green Plaza at 24th Street

Celebrate the season with an afternoon of pumpkin decorating, fall crafts, yard games, and a visit to the festival alpaca!

Sponsored by President's Desk We wish to extend our sincere appreciation and gratitude to the Bearcat Consortia students.

Apply Today

Faithful Interfaith Fellowship
Thursday | 12:00 pm

Come join weekly sessions with a diverse group of students to discuss what about our faith and background brings us together and connects us! Lunch is provided for completion of all 11 sessions!

Apply Today

Baruch College Celebrates 2025 LGBTQIA+ History Month

LGBTQIA+ History Month is commemorated during the month of October, celebrating and recognizing the important history, gay liberacy, and transgender movements that have made LGBTQIA+ lives safer and greater. The LGBTQIA+ History Month Panel, 2025 **Using Out Loud, The PRIDE Mix Series** This panel discussion will feature Baruch students, faculty, and staff who identify as members of the LGBTQIA+ community continue to shape a more just and equitable society. This event highlights PRIDE as a tool that a community uses to create a more diverse and equitable society.

Resistance in the face of pressure.
Resilience through struggle and renewal.
Worlds at a source of strength and authenticity.
Pride as a tool for liberation and joy.
Worlds as a shared vision for life.

By honoring the contributions of LGBTQIA+ individuals and movements throughout history, we acknowledge their first courage and leadership have advanced social progress, broadened freedoms, and inspired future generations to continue the work of building inclusive communities. We invite all members of the Baruch community to celebrate and reflect on this meaningful month.

Events will be added in the weeks ahead. All events are subject to change.

Drag Brunch Celebration - LGBTQIA+ Opening Ceremony
Thursday, October 2 | 11:00 - 12:30 PM | 24th Lobbies
Join us for an unforgettable Drag Brunch featuring the fabulous drag performer Bella Filler! Get ready for a fun-filled celebration with performances, delicious brunch bites, and fun and celebration!
RSVP for the Drag Brunch

Full List of Events

Club of the Month
Calling all Bearcat Artists! Join Baruch Sketch Club! Bring your own sketchbook! Meet your artistic peers!

First Classes: Oct. 16
Meeting Place: Vase Lounge
You can remember your ORB code here!

Join the Graduate Student Assembly!
Join the Graduate Student Assembly (GSA) this fall to serve as a direct support for community that's here to amplify student voice, advocate for student rights, and foster a vibrant and expressive undergraduate. GSA journey starts now!

Apply Today

The Counseling Center

The Baruch College Counseling Center provides free confidential therapeutic and trauma-informed mental health services to students through a small psychiatrist, for clinical and/or psychiatric care, and psychological well-being as students are accessed to college-wide interest.

Individual Counseling - Please visit the Counseling Center's website or call 646-312-4000 to schedule an appointment.

Group Counseling: Group Counseling - The sessions of Relationship is Self and Stress Lower in person on Tuesdays and Thursdays, 1:00-2:00pm. To participate, email: Christina.Hall@baruch.cuny.edu

Coping Skills Group Using evidence-based and mindfulness practices, this group will focus on building skills to cope with everyday stressors that impact our mental health and wellbeing. This group is on Zoom Wednesdays from 2:00-3:00pm. To participate please email: Jonathan.Marshall@baruch.cuny.edu

LGBTQIA+ Group Counseling This group is for LGBTQIA+ identified students. Offered in person, this group is a safe space for students to explore their identities, relationships, and mental health concerns. Students at Baruch, navigating family dynamics, integrating your identity with religious or spiritual beliefs, and navigating relationships and boundaries are some of the topics that will be explored on Mondays, 1:00-2:00pm. To participate, email: Jon.Lopez@baruch.cuny.edu

Black Mental Health Wellness Support Sessions here will support the growth, networking, collaboration, sharing, and wellbeing of Black students. Fridays, 2:00-3:00pm. To participate, email: Jon.Hines@baruch.cuny.edu Your Bearcat student email account. In sensitivity and support, this. Groups & Dates.

Athletics

Fitness Center Fall Schedule Schedule
Monday through Friday: 7:00am - 11:00pm
Saturday: 10:00am - 5:00pm
Sunday: Closed

FAQs
Due to renovations, the pool and adjacent locker rooms on the 6th level will be closed for the year 18-24 months.

Lacrosse Recruit Questionnaire
Baruch Athletics Facebook Page

Latest Story Links
Women's Basketball Defeats Centenary, Baruch Prep Cowboy Bearcats 1,000 Career Assists
Baruch Men's Basketball Defeats Centenary, Baruch Prep Cowboy Bearcats 1,000 Career Assists
Alexander, Broughton Combine Pace for a 1,000-Point CUNYAC Record Against Stevens

Baruch Graduate School Fair: Beyond the Bachelor's Degree
Thursday, October 16 | 12:00 - 2:00 PM
Vase

Explore graduate school opportunities at Baruch! Meet with top Baruch Graduate Schools and Programs in Arts & Sciences, Zicklin School of Business, and Weissman School of Medicine.

More Information

Getting into Graduate School Workshop
Thursday, October 23 | 12:00 - 2:00 PM

You will have the opportunity to meet with an admissions officer from Baruch to research, apply to and interview, be accepted into your graduate school of choice!

More Information

Student Health Center Offers Online Appointments
The Student Health Center (SHC) provides medical care, mental health, and wellness services. When necessary, referrals will be made. Our address is 23 East 24th St by Ring Bldg.

Services are free for students & students with a valid Medicaid card.

Make an Appointment

You're Someone's Type! Two-Day Blood Drive
October 15 and October 22 | 10:00 A.M. - 5:00 P.M.
Vase

Every 2 seconds, someone in the U.S. needs blood. Cancer patients, trauma victims, those being treated, and several others all at the same time. Donating a blood donor is regular to meet appointment!

Register Today

Bites on a Budget: a Lunchtime Workshop
Wednesday, October 22 | 12:00 - 2:00 PM | 24th Lobbies

Learn ways to get the biggest and healthiest bites for your buck. Nutritionists provided. Sponsored by Student Health Center and Healthcare Student Peer Navigator in the Interpersonal and Wellness. Tour of the Center Square market afterwards.

Cut Out Time for Your Schedule
Tuesday, October 28 | 12:00 - 1:00 PM
Vase

Drop by the Health & Wellness Office (SHC 2-24) for a creative lunchpail. Take one, make what you need, and leave with a smile! Cream, chocolate, peanut butter, smoothie/energy, granola, & snacks, and

Meditation Wednesdays
Wednesdays | 12:15 PM - 1:00 | 24 Lobbies
Tuesday, October 14

Take a break from your busy schedule and join a guided meditation session. No experience is necessary. Bring an open mind and a free spirit! Meditation is for everyone!
October 8, 15, 22, 29

Insurance 101: Mastering your Health Coverage
Thursday, October 23 | 12:00 - 2:00 PM | 24th Lobbies

A health insurance workshop will be on campus to provide educational support and answer any questions.

October 9
October 23
November 6
November 20
December 3

Free Pilates is Back!
Starting September 17 | 12:00 - 1:00 | 24th Floor | 2-230

Strengthen your mind and body with a Pilates session led by Registered Dietitian Fitness Trainer Brooklyn Wellness Club. Open to all students and faculty. Pilates mat is recommended or equipment. Mats are provided!

September 24th
October 8th, 29th
November 12th, 19th, 26th
December 3rd, 8th

FREE Group Fitness Classes!
Starting September 17 | 12:00 - 1:00 | 24th Floor | 2-230
Mark Mat | LIVE

Build strength, improve balance, and boost your energy in this fun, beginner-friendly fitness class! Classes are for students and faculty! Come ready to sweat and have fun. All fitness levels are welcome!

September 24th
October 8th, 29th
November 12th, 19th, 26th
December 3rd, 8th

Writing Center Update

Writing Center's Bar Plus offers a wide range of writing assistance and drop-in hours available. Starting this fall, we will be offering more drop-in hours and more workshops and one-on-one sessions around campus. Check out our website (bar.baruch.cuny.edu) for updated locations and times!

Events Today

Friday skill series: Evidence, Analysis, and Claims
Friday, October 10 | 1:00 - 2:00 PM | 24th Lobbies

Learn to analyze and interpret different kind of evidence (quotes, statistics, quotes from literature, and visual) to create a strong claim.

Register Today

FAQs: How can I improve my reading comprehension?
Thursday, October 2 | 1:00 - 2:00 PM | 24th Lobbies

Many students have been asking how to improve their reading comprehension, especially with so many distractions on our attention! This session will cover the fundamentals of reading and understanding texts.

Sign Up

Creativity Social: How to Be Creative
Thursday, October 16 | 1:00 - 2:00 PM | 24th Floor | 2-230 | Mark Mat

Don't fear taking risks! Celebrate Fall with free pumpkins, crafts and candidate create new social which

Only Rsvp Accept!

Sign Up

Experiential Learning Opportunity at GIRLS WRITE NOW!
Girl Child Explorers Groups at Upper and Conference Schools at Girls Write Now. Are you interested in learning more about Girls Write Now Social and our digital publication Girl Talk?
Please contact Sara Arrabelle at sarrabelle@girlswritenow.org

It's Time to LAUNCH - Spring '25 NHA 2 Applications
Are a little bow or pickleball? Join the CUNY Pickleball Club! Sign up for the Spring 2025 Intramural to CUNY students & alumni every. Deadline: October 10, 2025
Launches January 20 & March

More Information

The Public Theater- The Other Americans
Thursday | October 2, 2025

The Public Theater is delighted to partner with an array of Bronx-based cultural institutions, Bronx-based artists, and Bronx-based audiences to present the American Sociolinguist series in Queens-speaking Bronx-based Latinx-American playwright Jeremy Lopez. The Other Americans. Jan. Lopez CUNYCOLO is the promo box to unique JAY

Purchase Tickets

The Moth
The Moth's storytelling workshops to both experienced and inexperienced storytellers are available for the fall semester! There are 2 hour sessions and 3 in person sessions. Click Apply and the dates in NYC. Attention to the "Apply"

Application Deadline:
Friday, October 10 | Application or graduate
Friday, Tuesday, October 4th

More Information