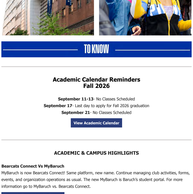
Baruch College

OFFICE of STUDENT LIFE

Bearcat Buzz

September 10, 2026



TO KNOW

Academic Calendar Reminders
Fall 2026

September 11-13- No Classes Scheduled
September 17- Last day to apply for Fall 2026 graduation
September 25- No Classes Scheduled

View Academic Calendar

ACADEMIC & CAMPUS HIGHLIGHTS

Bearcats Connect Vs MyBaruch

MyBaruch is now Bearcats Connect! Same platform, new name. Continue managing club activities, forms, events, and organization operations as usual. The new MyBaruch is Baruch's student portal. For more information go to MyBaruch vs. Bearcats Connect.

Bearcats Connect Vs MyBaruch

Student Account Information

Baruch College here! Your CUNY email is live! Set it up with MFA now to keep receiving Navigate and Brightspace emails and before your Baruchmail is turned off. Set it up before finals!

Learn More

Bearcat Food Pantry

Tuesdays 1:00 -5:00 P.M.| Wednesdays 11:00 A.M.- 2:00 P.M.

The purpose of the Pantry is to provide Baruch students, who face food insecurity, access to healthy and nutritious food to help support their path towards graduation. Free groceries and "Grab & Go" meal bags for students.

Learn More

CUNY Discrimination & Retaliation Reporting

The City University of New York ("CUNY") takes all reports of discrimination, harassment, sexual misconduct, and retaliation seriously. Submit reports through CUNY's official reporting form.

Learn More

Student Health Center Offers Online Appointments

The Student Health Care Center provides students with a full range of clinical health services. 138 East 26th St by Wing Shop. Services are free & available to students with a valid Baruch I.D.

Make an Appointment

Call for Student Volunteers: Sexual Misconduct Adjudication and Appeal Committees
Sign-Up Deadline: September 25

Baruch College is seeking student volunteers to serve in hearing roles for sexual misconduct matters. Student volunteers play an important role in ensuring that sexual misconduct hearings and appeals are fair, impartial, and respectful.

Sign Up

TO DO

STUDENT LIFE

Student Life



Baruch Celebrates
2026 National Latinx/ Hispanic Heritage Month

Celebrate the contributions, achievements, resilience, and rich diversity of the Hispanic/Latinx community at Baruch. This year's theme, **"Unidos, Somos Más" (Together, We Are More),** celebrates the power of community while honoring the traditions, accomplishments, and continued impact of Hispanic/Latinx Americans.

Bearcats Vote: Voter Registration
September 15 | 12:30-2:30 P.M. | NYC Lobby

Stop by the voter registration station to plan ahead, register to vote, and make sure you're ready for upcoming elections.

Levante Su Salud Integral ~ Wellness in Action
September 15 | 12:30–2:30 P.M. | NYC 2-125

Join a conversation on wellness and collective care featuring strategies for self-care, resilience, and support while addressing stigma and health inequities.

The Mirabal Sisters Story
September 17 | 12:30–2:30 P.M. | NYC Cafeteria

Explore the lives and legacy of the Mirabal Sisters and their courageous resistance, with a discussion on political oppression, gender, social justice, and the Atlanta Inspired.

Latin Night
September 17 | 6:00-8:30 P.M. | NYC 1-107 Multipurpose Room

Join LSEO for an evening of lively music, dancing, Latin bites, and a celebration of Latin culture and community.

Latinx Heritage Month 2026

The 42nd Annual Leadership Weekend
October 16-18 | Honor's Haven Retreat & Conference, Ellenville, NY

Join Baruch College's Office of Student Life for the 42nd Annual Leadership Weekend, an exciting opportunity for students to strengthen their leadership skills, build meaningful connections, and discover their potential as campus leaders.

Apply Today

Fall 2026 Club Fair
September 24 | 12:30- 2:30 P.M.

Meet student clubs, learn about organizations on campus, and find ways to get involved! All Baruch students welcome.
Locations of Club Fair as follows:
(Inner-rivet Plaza (27th Street Plaza)
NVC 1-107 (Multi-purpose Room)
NVC Cafeteria
NVC 7th Floor Lobby and Bearcat Den

Student Life Wrapped

Hudson River Derby: NYCFC vs. New York Red Bulls
September 18 | 7:30 P.M. | Yankee Stadium

Cheer on NYCFC as they take on the New York Red Bulls in the Hudson River Derby. Baruch students can take advantage of exclusive discounted tickets for this exciting rivalry match.
Promo Code: DerbyUS

Purchase Tickets

New York Liberty vs. Atlanta Dream
September 21 | 8:00 P.M. | Barclays Center

Cheer on the New York Liberty as they take on the Atlanta Dream! Baruch students can take advantage of discounted tickets and enjoy an exclusive post-game free throw experience.

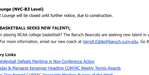
Purchase Tickets

Baruch College Yankees Night
September 23 | 7:05 P.M. | Yankee Stadium

Head to Yankee Stadium for a night of baseball with the Baruch community! Take advantage of discounted tickets and receive a special Baruch/Yankees branded hat.

Purchase Tickets

COUNSELING CENTER



Counseling Center Support

During times of war and global conflict, it's normal to feel overwhelmed or distressed. The Baruch College Counseling Center offers a safe, confidential, and free space for students to talk and receive support.

Learn more or schedule an appointment

Group Counseling and Support Session:
Black Mental Health Matters – Fridays at 2:00 P.M. | Zoom | Returns September 18
Individual Counseling – Free, confidential mental health services for students.
Group Counseling – Relationship to Self & Others | Tuesdays & Thursdays, 1:00–2:00 P.M.
Coping Skills Group – Wednesdays from 1:00–2:00 P.M. | Zoom
LGBTQIA+ – In Person | Wednesdays at 1:00 P.M.

Virtual Counseling and Support Session Information

Pet Therapy with new Pet Therapist, Harper!
September 15 | 1:00- 2:00 P.M. | NYC Bearcat Den

Meet Harper, the Counseling Center's new Pet Therapist, and take a break with some pet therapy to relax, connect, and boost your well-being.

Fall Depression Screening
September 16 | 12:15- 3:30 P.M. | NYC Plaza (In case of bad weather, NYC 3rd Floor Lobby)

Stop by for a brief depression screening and a one-on-one conversation with a Counseling Center counselor. Resources and promotional items will also be available.

ATHLETICS & RECREATION UPDATES

Fitness Center Fall Semester Schedule (NVC-B2 Level)
Monday–Friday 10:00 A.M.–7:00 P.M. | Sat 10:00 A.M.–4:00 P.M. | Sundays Closed

Pool Update – Due to renovations, the pool and adjacent locker room on the B3 Level will be closed for the next eight months.

Locker Rental Information
Official Baruch College Athletics Store

Bearcat Lounge (NVC-B3 Level)
The Bearcat Lounge will be closed until further notice, due to construction.

WOMENS BASKETBALL SEEKS NEW TALENT!;
Interested in playing NCAA college basketball? The Bearcats are seeking new talent in women's basketball. For more information, email our new coach of Varrell.Eddie@bgsu.cuny.edu Go Bearcats!

Latest Story Links
Women's Volleyball Defeats Maritime in Non-Conference Action
Arusha Yadav & Yaroslava Kononov Headline CUNYAC Weekly Tennis Awards
Carly Flores Diaz Named CUNYAC Honorable Mention Runner of the Week

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OFFICE OF HEALTH AND WELLNESS

Office of Health and Wellness

Learn About Your Health Insurance Options
September 17, October 8 & 22, November 5 & 19, and December 3 | 2:30–4:30 P.M. | NVC 2nd Floor Lobby

Meet with a health insurance representative for help with enrollment and questions about your coverage.

Levante Su Salud Integral ~ Wellness in Action
September 15 | 12:30–2:30 P.M. | NVC 2-125

Join a panel on wellness and collective care centering communities of color, with practical strategies for physical health, sleep, nutrition, relationships, and mental well-being.

Introduction to Mindful Meditation
September 16 | 12:15–12:45 P.M. | NVC 3-210

Slow down, reduce stress, and feel more grounded with a weekly guided meditation session. No prior experience needed.

Community Mental Wellness & Resilience Training
September 22 | 12:30–2:00 P.M. | NVC 2-215

Learn how to recognize mental health concerns, build individual and community resilience, develop support strategies, and connect with mental health resources.

Register

Substance Prevention Training
September 23 | 2:00–3:00 P.M. | NVC 3-215

Join Mount Sinai's ROACH Program for a Naloxone training and learn how to recognize and respond to an opioid overdose using this potentially lifesaving medication.

Get Your Free Naloxone Kit
September 23 | 3:00–4:00 P.M. | NVC 2nd Floor Lobby

Stop by to pick up a free Naloxone kit and fentanyl test strips and be prepared to help respond to a potential opioid overdose.

Beginner-Friendly Pilates Mat Class
Weekly on Tuesdays beginning September 22 | 4:00–5:00 P.M. | NVC 2-125

Reset your mind and body with a beginner-friendly Pilates mat class. No experience is needed, and all supplies are provided. Arrive early, as spots fill quickly!

WRITING CENTER

Learn More About the Writing Center

Staying Focused
September 15 | 12:30–1:45 P.M. | NVC B-190

Learn practical strategies for staying focused while writing and studying, even in distracting environments.

Register

Creativity Social: Make Your Own Notebook
September 17 | 4:00–5:30 P.M. | NVC B-185 (The Writing Center)

Learn how to fold, stitch, and decorate your own notebook using cardstock, paper, and thread.

Register

Writing Center Online Orientation
September 18 | 12:00–12:30 P.M. | Online

Learn about the Writing Center's services and how its resources can support you throughout your time at Baruch.

Register

Analyzing Texts Workshop
September 18 | 12:30–1:45 P.M. | Zoom

Learn step-by-step strategies for analyzing texts and practice applying them to your own reading assignments.

Register

Reading Strategies for Grad Students
September 19 | 11:00 A.M.–12:30 P.M. | Online

Learn strategies to read more efficiently and effectively while navigating complex coursework, new genres, and graduate-level research.

Register

CAMPUS UPDATES AND EVENTS

I'm Here, Now What?
September 15 | 12:30–2:00 P.M. | NVC 5-125

Join Success Amplified for a mentor panel, pizza, and hands-on activities designed to help you navigate your first semester and find your footing at Baruch.

Register Today

182nd Mitzul Lunch-Time Forum
September 15 | 12:30–1:45 P.M. | Newman Library Building, Room 750

Hear from Colin Gust, Quantitative Portfolio Manager at Cubist Systematic Strategies, as he shares his career journey from PhD to quantitative finance and insights into the field's future.

Mitzul Lunch-Time Forum Details

Game "Night" with Success Amplified
September 24 | 2:30–3:30 P.M. | NVC Bearcat Den

Connect with fellow students during an afternoon of games, refreshments, and conversation designed to help you build connections at Baruch.

Register Today

STUDENT OFFERS

CUNY Startups Open House Contest
September 11 | 10:00 A.M.–4:00 P.M. | Field Center, NVC 3-140

Stop by the CUNY Startups booth and enter the ideas contest for a chance to win a **$50 gift card**.

LGBTQIA+ Legal Needs Survey

Legal Services NYC is seeking input from LGBTQIA+ New Yorkers through a confidential, 10-minute survey about legal needs and barriers related to housing, healthcare, discrimination, public benefits, and more. Participants can enter for a chance to receive a $25 gift card.

Fill out the Survey

One Bernard Baruch Way
New York, NY 10010
baruch.cuny.edu