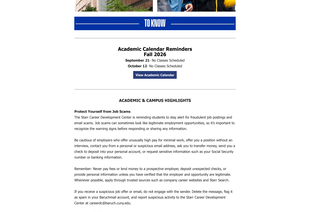
Baruch College
OFFICE of STUDENT LIFE
Bearcat Buzz

September 17, 2026



TO KNOW!

Academic Calendar Reminders
Fall 2026
September 7 Classes Scheduled
October 12 No Classes Scheduled

View Academic Calendar

ACADEMIC & CAMPUS HIGHLIGHTS

Protect Yourself from Job Scams
The Starr Career Development Center is reminding students to stay alert for fraudulent job postings and employer scams. Scammers sometimes look like legitimate employment opportunities, so it's important to recognize the warning signs before responding or sharing any information.

Be cautious of employers who offer unusually high pay for minimal work, offer you a position without an interview, contact you from a personal or suspicious email address, ask you to transfer money, send you a check to deposit, request your personal account, or request sensitive information like your Social Security number or banking information.

Remember: Never pay fees or lend money to a prospective employer, deposit unexpected checks, or provide personal information unless you have verified that the employer and opportunity are legitimate. Always research employers through trusted sources such as company career websites and Starr Search.

If you receive a suspicious job offer or email, do not engage with the sender. Delete the message, flag it as spam in your Baruch account, and report suspicious activity to the Starr Career Development Center at careers@baruch.cuny.edu.

Bearcats Connect Via MyBaruch
MyBaruch is now Bearcats Connect! Same platform, new name. Continue managing club activities, forms, events, and organization operations as usual. The new MyBaruch is Baruch's student portal. For more information go to MyBaruch vs. Bearcats Connect.

Bearcats Connect Via MyBaruch

Student Account Information
Baruch College hired Your CUNY email & text Tel-E-up with MMS now to keep receiving Navigate and BigSpeak emails and before your Banschland & turned off. Set it up before finals!

Learn More

Bearcat Food Pantry
Tuesdays 1:00 - 3:00 P.M.| Wednesdays 11:00 A.M.- 2:00 P.M.
The purpose of the Pantry is to provide Baruch students, who face food insecurity, access to healthy and nutritious food to help support their path towards graduation. Free groceries and "Grab & Go" meal bags are available.

Learn More

CUNY Discrimination & Retaliation Reporting
The City University of New York ("CUNY") takes all reports of discrimination, harassment, sexual misconduct, and retaliation seriously. Submit reports through CUNY's official reporting form.

Learn More

Student Health Center Offers Online Appointments
The Student Health Care Center provides students with a full range of clinical health services. 138 East 26th St to Wing Shing. Services are free & available to students with a valid Baruch I.D.

Make an Appointment

Call for Student Volunteers: Sexual Misconduct Adjudication and Appeal Committees
Sign-Up Deadline: September 25
Baruch College is seeking student volunteers to serve in hearing roles for sexual misconduct matters. Student committees play an important role in ensuring that sexual misconduct hearings and appeals are fair, impartial, and respectful.

Sign Up

TO DO

STUDENT LIFE

Research Guide



Baruch Celebration
2026 National Latinx/ Hispanic Heritage Month
Baruch College is proud to celebrate National Latinx/ Hispanic Heritage Month with a rich diversity of the Hispanic/Latinx community at Baruch. This year's theme, **"Unidos, Somos Más" (Together, We Are More),** celebrates the power of community while honoring the traditions, accomplishments, and continued impact of Hispanic/Latinx Americans.

Noche De Loteria
September 22 | 6:00–8:00 P.M. | NVC Bearcat Den
Celebrate Latinx/Hispanic Heritage Month with a Baruch twist on the traditional game of Loteria. Enjoy friendly competition, community, culture, and prizes.

Sonidos De Cumbia
September 25 | 12:30–2:30 P.M. | NVC Cafeteria
Join LASO for a lively Cumbia dance class and experience the rhythm, movement, and cultural traditions of this beloved Latin American dance.

Bin Salsa No Hay Vida
September 29 | 6:00–8:00 P.M. | NVC 1-107 Multipurpose Room
Enjoy an evening of salsa with a beginner-friendly lesson led by Siri Vergonzoso, followed by a social with music, dancing, and community. RSVP

Hablame Dulce
October 2 | 6:00–9:00 P.M. | NVC 1-107 Multipurpose Room
Hablame Dulce is a Latinx/Hispanic Heart History during an inspiring evening centered on culture, community, and creativity. RSVP

Latinx Heritage Month 2026

The 42nd Annual Leadership Weekend
October 16-18 | Honey's Haven Retreat & Conference, Ellenville, NY
Join Baruch College Office of Student Life for the 42nd Annual Leadership Weekend, an exciting opportunity for students to strengthen their leadership skills, build meaningful connections, and discover their potential on campus leaders.

Apply Today

Fall 2026 Club Fair
September 23 | 12:30- 2:30 P.M.
Meet student clubs, learn about organizations on campus, and find ways to get involved! All Baruch students welcome.
Locations of Club Fair as follows:
Click on Khaki Plaza (23rd Street Plaza) (NVC | 107 (Multi-purpose Room) | NVC Cafeteria | NVC 2nd Floor Lobby and Bearcat Den

Student Life Website

Hudson River Derby: NYCYC vs. New York Red Bulls
September 26 | 7:30 P.M. | Yankee Stadium
Cheer on NYCYC as they take on the New York Red Bulls in the Hudson River Derby. Baruch students can enjoy discounted tickets with discounted tickets for the evening match.
Promo Code: BARUCH

Purchase Tickets

New York Liberty vs. Atlanta Dream
September 22 | 6:00 P.M. | Barclays Center
Cheer on the New York Liberty as they take on the Atlanta Dream! Baruch students can take advantage of discounted tickets and enjoy an exclusive post-game free throw experience.

Purchase Tickets

Baruch College Yankees Night
September 28 | 7:05 P.M. | Yankee Stadium
Head to Yankee Stadium for a night of baseball with the Baruch community! Take advantage of discounted tickets and receive a special Baruch/Yankees bandana hat.

Purchase Tickets

COUNSELING CENTER



Counseling Center Support
During times of war and global conflict, it's normal to feel overwhelmed or distressed. The Baruch College Counseling Center offers a safe, confidential, and free space for students to talk and receive support.

Learn more or schedule an appointment

Group Counseling and Support Session
Tuesday 9/22 | Virtual via Handshake | 3:00 P.M. | Zoom | Returns September 15
Individual Counseling – Free, confidential mental health services for students.
Group Counseling – Relationship to Self & Others | Tuesdays & Thursdays, 1:00–2:00 P.M.
Drop-In Hours – Monday–Thursday, 10:00 A.M.–4:00 P.M. | Zoom
LGBTQIA+ – In Person | Wednesdays at 1:00 P.M.

Group Counseling and Support Session Information

STARR CAREER DEVELOPMENT CENTER

Starr Career Development Center

Breaking Into Tech in 2026: What Recruiters Really Look For in Early-Career Talent
September 22 | 1:00–2:30 P.M. | NVC 1-107
Learn directly from technical recruiters and talent leaders about what they look for in candidates, common hiring missteps to avoid, and how to prepare for interviews. Learn more on Handshake.

Register

Success Amplified CUNY-Wide Information Session
September 22 | 2:00–3:00 P.M. | Zoom
Learn about the new Success Amplified CUNYCARE program, including program activities and the requirements to earn a stipend at the end of each semester.

Register

Fall 2026 Virtual Undergraduate & Graduate Job & Internship Fair
September 25 | 12:00–4:00 P.M. | Virtual via Handshake
Connect with employers across various industries and explore internship and entry-level opportunities. Open to all Baruch undergraduate and master's level students.

Register

ATHLETICS & RECREATION UPDATES

Fitness Center Fall Semester Schedule (NVC-02 Level):
Monday-Friday: 10:00 A.M.–7:00 P.M. | Sat 10:00 A.M.–4:00 P.M. | Sunday Closed

Pool Update – Due to renovations, the pool and adjacent locker rooms on the B1 Level will be closed for the next eight months.

Locker Rental Information
Official Baruch College Athletics Store

Bearcat Lounge (NVC-B2 Level)
The Bearcat Lounge will be closed until further notice, due to construction.

WOMENS BASKETTBALL SEEKS NEW TALENT!
Interested in playing NCAA college basketball? The Bearcat Sports Department are seeking new talent in women's basketball. For more information, email our new coach at Harrell.Eddie@baruch.cuny.edu. Go Bearcats!

Latest Story Links:
- Women's Tennis Defeats St. Joseph's Long Island, 5-2 to Stay Undefeated
- Kiyukha Hailes Rewards as CUNYAC Women's Tennis Rookie of the Week

OFFICE OF HEALTH AND WELLNESS

Office of Health and Wellness

Learn About Your Health Insurance Options
October 8 & 15, November 5 & 19, and December 2 | 2:30–4:30 P.M. | NVC 2nd Floor Lobby
Meet with an insurance representative for help with enrollment and questions about your coverage.

Community Mental Wellness & Resilience Training
September 22 | 12:30–2:00 P.M. | NVC B-155
Learn how to recognize mental health concerns, build individual and community resilience, develop support strategies, and connect with mental health resources.

Register

Substance Prevention Training
September 23 | 1:00–3:00 P.M. | NVC 3-155
Join Mount Sinai's REACH Program for a Naloxone training and learn how to recognize and respond to an opioid overdose using this potentially lifesaving medication.

Get Your Free Naloxone Kit
September 23 | 1:00–4:00 P.M. | NVC 2nd Floor Lobby
Stop by to pick up a free Naloxone kit and fentanyl test strips and be prepared to help respond to a potential opioid overdose.

Beginner-Friendly Pilates Mat Class
Weekly on Thursdays beginning September 22 | 4:00–5:00 P.M. | NVC 2-125
Reset your mind and body with a beginner-friendly Pilates mat class. No experience is needed, and all supplies are provided. Arrive early, as spots fill quickly!

Crafternoons & Connections
September 25 | 3:00–4:00 P.M. | NVC 3-240
Relax, get creative, and connect with fellow students during an afternoon of crafting. All supplies are provided.
Upcoming Crafts: September 28 - Pipe Cleaner Crafts | October 5 - First Aid Kit Decorating | October 19 - Picnic Fleece | October 26 - Water Boards

Union Square Greenmarket Tour
September 25 | 12:30–2:00 P.M. | NVC 2nd Floor
Explore the Union Square Greenmarket, learn how to get there from Baruch, and discover the wide variety of products offered by regional farmers, fishers, and bakers.

WRITING CENTER

Learn More About The Writing Center

Writing Center Online Orientation
September 18 | 12:00–12:30 P.M. | Online
Learn about the Writing Center's services and how its resources can support you throughout your time at Baruch.

Register

Analyzing Texts Workshop
September 18 | 12:30–1:45 P.M. | Zoom
Learn step-by-step strategies for analyzing texts and practice applying them to your own reading assignments.

Register

Reading Strategies for Grad Students
September 19 | 11:00 A.M.–12:30 P.M. | Online
Learn how to read more efficiently and effectively while navigating complex coursework, new genres, and graduate-level research.

Register

Resume Review Drop-In Hours
September 21 | 1:00–4:00 P.M. | NVC 8th Floor Lobby
Get help from the Writing Center to draft, revise, and polish your resume. Bring a printed or digital copy of anything you'd like to work on.

Register

Creativity Social: How to Write a Story
September 24 | 11:30–1:00 P.M. | NVC B-155
Explore the key features of storytelling and learn creative strategies to help you start writing your own story.

Register

Developing Thesis Statements
September 25 | 12:30–1:45 P.M. | Online via Zoom
Learn how to develop complete, evidence-based thesis statements that clearly frame and support your argument.

Register

How to Write Like a Person
September 29 | 12:30–1:45 P.M. | NVC 14-250
Develop your own writing voice and style through guided exercises designed to help your writing feel more personal and distinct.
Walk-ins to welcome, space permitting. Students can also reserve a spot in advance through the Writing Center Calendar to receive reminders.

Register

CAMPUS UPDATES AND EVENTS

New York State Assembly & Senate Internship Programs 2027
September 22 | 4:00 P.M. | Virtual Information Session
Join Baruch College's Office of Student Life for New York State Internship Programs, which give students the opportunity to spend the Spring 2027 semester living and working in Albany while gaining firsthand experience with state government and the legislative process. Selected students will work full-time with a New York State Assembly Member or Senator, earn 15 academic credits through Baruch's Political Science Department, and receive an $8,000 stipend. Attend the virtual information session to learn more about application requirements, eligibility, and the selection process during the semester. Questions? Contact Professor Carolyn Ahlendorf at carolyn.ahlendorf@mail.baruch.cuny.edu.

RSVP

Fellowships in Public Service – Information Session
September 24 | 12:30–1:45 P.M. | NVC B-155
Learn about funded professional development and public service opportunities, including the Truman Scholarship, PPIA Junior Summer Institute, NYC Urban Fellows Program, and more.

Register

Game "Night" with Success Amplified
September 24 | 12:30–2:30 P.M. | NVC Bearcat Den
Connect with fellow students during an afternoon of games, refreshments, and conversation designed to help you build connections at Baruch.

Register

STUDENT OFFERS

The FreeLYMB Project — Complimentary Tickets
September 18–20 | Various Times | BAM Fisher Fishman Space
BAM is offering complimentary tickets to The FreeLYMB Project, a thought-provoking theatrical production based on the Senate testimony of Anita Hill and Christine Blasey Ford. Learn More About The FreeLYMB Project.
Available performances: September 18 at 7:30 P.M. | September 19 at 2:00 P.M. & 7:30 P.M. | September 20 at 3:30 P.M. & 7:30 P.M.

RSVP

Screening of Christopher Nolan's Odyssey
September 22 | 7:00 P.M. | Regal Cinemas – Los Angeles – Jaffa Theatre
Join the Baruch Greek Alumni Program for a screening of Christopher Nolan's Odyssey, followed by a Q&A with Provost Joel Cheslowitz and Professor Steven Swarbrick. **Discounted student tickets are $8.**

RSVP

LGBTQIA+ Legal Needs Survey
Baruch College MPA is seeking input from LGBTQIA+ New Yorkers through a confidential, 10-minute survey about legal needs and barriers related to housing, healthcare, discrimination, public benefits, and more. Participants can enter for a chance to receive a $25 gift card.

Fill out the Survey

Baruch College | CUNY
One Bernard Baruch Way
New York, NY 10010
baruch.cuny.edu