Baruch College
OFFICE of STUDENT LIFE
Bearcat Buzz

September 24, 2026



TO KNOW

Academic Calendar Reminders
Fall 2026

October 12 No Classes Scheduled

View Academic Calendar

ACADEMIC & CAMPUS HIGHLIGHTS

Protect Yourself from Job Scams
The Starr Career Development Center is reminding students to stay alert for fraudulent job postings and email scams. Job scams can sometimes look like legitimate employment opportunities, so it's important to recognize the warning signs before responding or sharing any information.

Be cautious of employers who offer unusually high pay for minimal work, offer you a position without an interview, contact you from a personal or suspicious email address, ask you to transfer money, send you a check to deposit into your personal account, or request sensitive information such as your Social Security number or banking information.

Remember: Never pay fees or lend money to a prospective employer, deposit unexpected checks, or provide personal information unless you have verified that the employer and opportunity are legitimate. Whenever possible, apply through trusted sources such as company career websites and Starr Search.

If you receive a suspicious job offer or email, do not engage with the sender. Delete the message, flag it as spam in your Baruchmail account, and report suspicious activity to the Starr Career Development Center at careerdc@baruch.cuny.edu.

Bearcats Connect Vs MyBaruch
MyBaruch is now Bearcats Connect! Same platform, new name. Continue managing club activities, forms, events, and organization operations as usual. The new MyBaruch is Baruch's student portal. For more information go to MyBaruch vs. Bearcats Connect.

Bearcats Connect Vs MyBaruch

Student Account Information
Baruch College here! Your CUNY email is live! Set it up with MFA now to keep receiving Navigate and Brightspace emails and before your Baruchmail is turned off. Set it up before finals!

Learn More

Bearcat Food Pantry
Tuesdays 1:00 -3:00 P.M | Wednesdays 11:00 A.M.- 2:00 P.M.
The purpose of the Pantry is to provide Baruch students, who face food insecurity, access to healthy and nutritious food to help support their path towards graduation. Free groceries and "Grab & Go" meal bags for students.

Learn More

CUNY Discrimination & Retaliation Reporting
The City University of New York ("CUNY") takes all reports of discrimination, harassment, sexual misconduct, and retaliation seriously. Submit reports through CUNY's official reporting form.

Learn More

Student Health Center Offers Online Appointments
The Student Health Care Center provides students with a full range of clinical health services. 138 East 26th St by Wing Shop. Services are free & available to students with a valid Baruch I.D.

Make an Appointment

Call for Student Volunteers: Sexual Misconduct Adjudication and Appeal Committees
Sign-Up Deadline: September 25
Baruch College is seeking student volunteers to serve in hearing roles for sexual misconduct matters. Student volunteers play an important role in ensuring that sexual misconduct hearings and appeals are fair, impartial, and respectful.

Sign Up

TO DO

STUDENT LIFE

Student Life



Baruch Celebrates
2026 National Latinx/ Hispanic Heritage Month
Celebrate the contributions, achievements, resilience, and rich diversity of the Hispanic/Latinx community at Baruch. This year's theme, **"Unidos, Somos Más" (Together, We Are More),** celebrates the power of community while honoring the traditions, accomplishments, and continued impact of Hispanic/Latinx Americans.

Sonidos De Cumbia
September 29 | 12:30–2:30 P.M. | NVC Cafeteria
Join LASO for a lively Cumbia dance class and experience the rhythm, movement, and cultural traditions of this beloved Latin American dance.

Sin Salsa No Hay Vida
September 29 | 6:00–8:00 P.M. | NVC 1-107 Multipurpose Room
Enjoy an evening of salsa with a beginner-friendly lesson led by Sin Vergüenza, followed by a social with music, dancing, and community. RSVP

Hablame Dulce
October 1 | 6:00–9:00 P.M. | NVC 1-107 Multipurpose Room
Celebrate the voices that continue to shape history during an inspiring evening centered on culture, expression, community, and creativity. RSVP

Latinx Heritage Month 2026

Become the Face of Bearcat Pride!
Student Life is seeking up to **5 energetic and enthusiastic students** to serve as official mascot performers. Selected students will participate at campus events throughout the year!

More Information

COUNSELING CENTER



Counseling Center Support
During times of war and global conflict, it's normal to feel overwhelmed or distressed. The Baruch College Counseling Center offers a safe, confidential, and free space for students to talk and receive support.

Learn more or schedule an appointment

Group Counseling and Support Session:
Black Mental Health Matters – Fridays at 2:00 P.M. | Zoom | Returns September 18
Individual Counseling – Free, confidential mental health services for students.
Group Counseling – Relationship to Self & Others | Tuesdays & Thursdays, 1:00–2:00 P.M.
Coping Skills Group – Wednesdays from 1:00–2:00 P.M. | Zoom
LGBTQIA+ – In Person | Wednesdays at 1:00 P.M.

Group Counseling and Support Session Information

STARR CAREER DEVELOPMENT CENTER

Starr Career Development Center

Fall 2026 Virtual Undergraduate & Graduate Job & Internship Fair
September 25 | 12:00–4:00 P.M. | Virtual via Handshake
Connect with employers across various industries and explore internship and entry-level opportunities. Open to all Baruch undergraduate and master's-level students.

Register

Success Amplified Explore Information Session
September 29 | 12:45–1:45 P.M. | NVC 2-190
Learn about the new Success Amplified EXPLORE program, including career-focused activities you can complete to earn a $500 stipend at the end of each semester.

Register

ATHLETICS & RECREATION UPDATES

Fitness Center Fall Semester Schedule (NVC-B2 Level)
Monday-Friday 10:00 A.M.–7:00 P.M. | Sat 10:00 A.M.–4:00 P.M. | Sunday Closed

NEXT ARC CLOSING: Please be advised the Fitness Center (VC-B1 Level) will be closed on Tuesday, September 29, due to facility maintenance and staff training.

Pool Update – Due to renovations, the pool and adjacent locker rooms on the B3 Level will be closed for the next eight months.

Locker Rental Information
Official Baruch College Athletics Store

Bearcat Lounge (NVC-B3 Level)
The Bearcat Lounge will be closed until further notice, due to construction.

WOMENS BASKETBALL SEEKS NEW TALENT!;
Interested in playing NCAA college basketball? The Baruch Bearcats are seeking new talent in women's basketball. For more information, email our new coach at Yarrell.Eddie@baruch.cuny.edu. Go Bearcats!

Latest Story Links
- Bearcats, Lehman Play to Scoreless Draw in CUNYAC Men's Soccer Opener
- Women's Volleyball Wins CUNYAC Opener, Sweeps Lehman 3-0
- Ashika Yadav Named CUNYAC Women's Tennis Honorable Mention Player of the Week

OFFICE OF HEALTH AND WELLNESS

Office of Health and Wellness

Union Square Greenmarket Tour
September 25 | 12:30–2:00 P.M. | NVC 2nd Floor
Explore the Union Square Greenmarket, learn how to get there from Baruch, and discover the wide variety of products offered by regional farmers, fishers, and bakers.

Weekly Introduction to Mindful Meditation Sessions
September 30 | 12:15–12:45 P.M. | NVC 3-210
Slow down, reduce stress, and feel more grounded with a weekly guided meditation session. No prior meditation experience is needed.

Crafternoons & Connections
October 5 | 2:00–4:00 P.M. | NVC 3-240
Relax, get creative, and connect with fellow students during an afternoon of crafting. All supplies are provided.
Upcoming Crafts: October 5 – First Aid Kit Decorating | October 19 – Phone Charms | October 26 – Vision Boards

The Wellness Connection: Integrative Health Workshop
October 7 | 3:00–4:00 P.M. | NVC 3-215
Explore how integrative medicine combines holistic healing with conventional care, and learn simple tools for prevention, healing, and self-care from an experienced acupuncturist.

Learn About Your Health Insurance Options
October 8 & 22, November 5 & 19, and December 3 | 2:30–4:30 P.M. | NVC 2nd Floor Lobby
Meet with a health insurance representative for help with enrollment and questions about your coverage.

Beginner-Friendly Pilates Mat Class
Weekly on Tuesdays | 4:00–5:00 P.M. | NVC 2-125
Reset your mind and body with a beginner-friendly Pilates mat class. No experience is needed, and all supplies are provided. Arrive early, as spots fill quickly!

WRITING CENTER

Learn More About the Writing Center

Developing Thesis Statements
September 25 | 12:30–1:45 P.M. | Online via Zoom
Learn how to develop complex, evidence-based thesis statements that clearly frame and support your argument.

Register

How to Write Like a Person
September 29 | 12:30–1:45 P.M. | NVC 14-230
Develop your own writing voice and style through guided exercises designed to help your writing feel more personal and distinct.
Walk-ins are welcome, space permitting. Students can also reserve a spot in advance through the Writing Center schedule to receive reminders.

Register

CAMPUS UPDATES AND EVENTS

Baruch College Early Learning Center
The Early Learning Center offers a welcoming space for children to learn, play, and grow while their parents pursue their academic goals. Learn more about the Center, available childcare options, and how to apply.

Early Learning Center

STUDENT OFFERS

LGBTQIA+ Legal Needs Survey
Legal Services NYC is seeking input from LGBTQIA+ New Yorkers through a confidential, 10-minute survey about legal needs and barriers related to housing, healthcare, discrimination, public benefits, and more. Participants can enter for a chance to receive a $25 gift card.

Fill out the Survey

Baruch College | CUNY

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